GIRLS WRESTLING REGIONAL TOURNAMENT

CHATFIELD SENIOR HIGH

7227 SOUTH SIMMS STREET

LITTLETON, CO 80127

Contact: Sandra George

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Teams:

Arapahoe Arvada Central – GJ

Chatfield Cherokee Trail Delta

Denver East Denver North Denver South

Denver West Eaglecrest Fairview

Far Northeast Fruita Monument Golden

Grand Valley Heritage Hotchkiss

Jefferson John F Kennedy Lotus

Montrose Mountain Vista Mullen

Norwood Nucla Olathe

Palisade Platte Canyon Pomona

Regis Jesuit Sheridan Soroco

Steamboat Springs Thomas Jefferson Vista Peak

Abraham Lincoln Arvada West Battle Mountain

Bear Creek Evergreen George Washington

Glenwood Springs Middle Park Overland

**DATE:**

**Friday January 31, 2020**

**Saturday, February 1, 2020**

WEIGH INS:

Friday 4:00pm (98 lbs thru 215 lbs) in the CSH wrestling room.

Saturday 7:00 am

In addition, a 3-lb allowance (2-lb growth, 1-lb consecutive day) will be in effect for the first day and a 4-lb allowance will be in effect for the second day. 100=103 on Day 1, 100=104 on Day 2

***Lineups are due by 6 pm on Wednesday, January 29th.***

ENTRY FEE:

***The entry fee is $120.00.*** ***Individual entry fee is $10.00***. The entry fee must be received before the tournament date. For electronic transfers, please use the following transfer number:

 ***SR030-451000-73200-1774***

COACHES MEETING:

After weigh-ins, the brackets will be finalized at this meeting. Hospitality room and food is for coaches, managers (2), and officials only. You will receive admission tickets at this meeting. We will also be asking for a list of any coaches or managers that will be arriving later in the day so that they can be admitted free of charge.

IMPORTANT:

We will be using Track Wrestling to run the tournament. The top eight wrestlers at each weight will be pre-seeded on Friday, therefore we need your roster by ***6pm on Wednesday****.* Seeding will be based on most wins and then fewest losses. The remaining wrestlers will be drawn in at random.

FOOD:

There will be a concession stand and lunch area available. Our school does not allow food or drink in the gym. However, we realize that some food and drink will be brought into the gym. We do ask your help in keeping your area picked-up and clean.

LOCKER ROOMS:

Locker rooms are available for showering and changing only. Please keep your possessions with you in the stands.

ADMISSION:

The following are the admission prices which will be charged for the regional and state tournaments:

Per Session Admission Pre-school --------------no charge

Students (K-12) & Senior Citizens (60 +) ------$6.00

General Admission (Adults) -----------------------$8.00

All-Session Passes

Students(K-12) & Senior Citizens (60+) ------$10.00

General Admission (Adults) ------------------------$13.00

Report ready to wrestle

Wrestlers at the regional and state tournaments must report to the table prior to the match ready to wrestle. From the table the wrestler will go directly to the center of the mat to begin wrestling. Reporting to the scorer’s table, not properly equipped, or not ready to wrestle or any equipment that is detected as being illegal after the match has started is a technical violation.

Length of matches

1. All regular regional championship matches shall be 6 minutes in length (2 minutes, 2 minutes, 2 minutes).

2. All consolation matches and wrestle backs shall be 5 minutes in length. (1 min., 2 min, 2 min.)

Overtime procedure:

The procedure for overtime is explained in the 2019-2020 National Federation Wrestling Rule Book 6-7-1, 6-7-2, 6-7-3 (page 35 & 36).

Sandra George

Head Coach

Chatfield Senior High School